

## **Presents a FREE Online Class for Parents & Caregivers:**

## LEARN MORE ABOUT HEALTHY DIGITAL HABITS FOR YOUR FAMILY

Thursday, Nov. 7<sup>th</sup> | 6-7 PM CDT

There are risks and benefits that come with social media use. The key is to develop habits that strike a balance.



Presenter: Amie Konwinski, Founder & CEO Smart GEN Society



This presentation is made possible with support from AT&T.

Parenting in the digital age brings new challenges. This session will help you have the online and entertainment experience that is right for your family.

- How is social media impacting your family?
- Learn about parental controls
- Discuss how to make a family social media plan
- Is your child ready for a mobile phone?

## NO COST. NO REGISTRATION NEEDED.

To join the session on November 7<sup>th</sup> - either use the QR code to the right or click the link below.

**CLICK HERE TO JOIN THE EDUCATION SESSION** 

